



Heart of Christ

Spiritual Direction Program

Prepare for your prayer by choosing a quiet place: plan on 30-60 minutes.

Bring yourself before the Lord with a bible, pen and notebook.

Think of how He loves you.

Ask Him to bless your time of prayer and ask Him for the grace you're seeking.

Prayerfully read the scripture passage using your imagination. Speak to Him freely.

Note the movements within and record them at the end of your prayer time.

Week #10

Theme: *Jesus Desires to Save Me:*

Grace: To allow Him to act freely in me.

Day 1:	Rom 5:1-11	God's love poured into our hearts.
Day 2:	Ph 1:19-26	To live is Christ.
Day 3:	2 Cor 1:18-22	In Him it is always yes.
Day 4:	1Jn 4:13-21	Sent His Son to be our Savior.
Day 5:	Lk 23:32-43	Today with Me in paradise.
Day 6:	Eph 2:11-22	Through Him we know the Father.
Day 7:	Heb 4:14-5:10	Source of salvation to all.
Bonus	Jn 6:52-71	You have the words of eternal life.