



Heart of Christ

Spiritual Direction Program

Prepare for your prayer by choosing a quiet place: plan on 30-60 minutes.

Bring yourself before the Lord with a bible, pen and notebook.

Think of how He loves you.

Ask Him to bless your time of prayer and ask Him for the grace you're seeking.

Prayerfully read the scripture passage using your imagination. Speak to Him freely.

Note the movements within and record them at the end of your prayer time.

Week #13

Theme: *Jesus Makes Me His Intimate Disciple:*

Grace: Deeper personal knowledge of God.

Day 1:	Jn 13:1-17	The washing of the feet.
Day 2:	Jn 4:1-42	The woman at the well.
Day 3:	Gal 4:1-7	Abba, Father.
Day 4:	Mk 8:31-38	Peter's remonstrance and rebuke
Day 5:	Mk 9:30-37	Be as a little child.
Day 6:	Lk 10:38-42	Martha and Mary.
Day 7:	Jn 15:1-11.	The vine and the branches.
Bonus	Phil 4:8-13	I can do all things in Him.