



Heart of Christ

Spiritual Direction Program

Prepare for your prayer by choosing a quiet place: plan on 30-60 minutes.

Bring yourself before the Lord with a bible, pen and notebook.

Think of how He loves you.

Ask Him to bless your time of prayer and ask Him for the grace you're seeking.

Prayerfully read the scripture passage using your imagination. Speak to Him freely.

Note the movements within and record them at the end of your prayer time.

Week #4

Theme: *God Chooses To Make Me:*

Grace: A stronger Yes to my own existence.

Day 1:	Ex 3:4-10	The burning bush.
Day 2:	Ps 19	The heavens tell the glory of God.
Day 3:	Ps 104	How manifold are your works.
Day 4:	Jer 18: 1-12	The potter and his clay.
Day 5:	Is 54:4-12	The waters shall not flood.
Day 6:	Wis 13:1-9	The author of beauty made these.
Day 7:	Job 38 & 39	When I laid the foundations.