



Heart of Christ

Spiritual Direction Program

Prepare for your prayer by choosing a quiet place: plan on 30-60 minutes.

Bring yourself before the Lord with a bible, pen and notebook.

Think of how He loves you.

Ask Him to bless your time of prayer and ask Him for the grace you're seeking.

Prayerfully read the scripture passage using your imagination. Speak to Him freely.

Note the movements within and record them at the end of your prayer time.

Week #7

Theme: *God Desires to Forgive Me:*

Grace: A deeper sense of His mercy for me.

Day 1:	Lk 15:11-32	Parable of the Prodigal Son.
Day 2:	Ps 103	Never treats us as we deserve.
Day 3:	Ps 130	Out of the depths I call you.
Day 4:	Lk 7:36-50	The woman who was a sinner.
Day 5:	Jn 8: 2-11	The woman taken in adultery.
Day 6:	Jn 20: 19-23	Whose sins you shall forgive.
Day 7:	Ez 11:17-21	Heart of stone...heart of flesh.