



# Heart of Christ

*Spiritual Direction Program*

Prepare for your prayer by choosing a quiet place: plan on 30-60 minutes.

Bring yourself before the Lord with a bible, pen and notebook.

Think of how He loves you.

Ask Him to bless your time of prayer and ask Him for the grace you're seeking.

Prayerfully read the scripture passage using your imagination. Speak to Him freely.

Note the movements within and record them at the end of your prayer time.

Week #8

Theme: *God Desires to Forgive Me:*

Grace: A deeper sense of His mercy for me.

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|--------|--------------|--------------------------------------|
| Day 1: | Ps 51        | Do not despise a contrite heart.     |
| Day 2: | 1Jn 1:5-2:2  | Blood of Jesus cleanses us.          |
| Day 3: | 2Cor 5:16-21 | Old had gone, new has come.          |
| Day 4: | Lk 15:1-10   | Parables of lost sheep, lost coin.   |
| Day 5: | Lk 19:1-10   | Zaccheus.                            |
| Day 6: | Jer 31:31-34 | I will write it in their hearts.     |
| Day 7: | 1Jn 4:7-12   | He sent His Son to expiate our sins. |
| Bonus  | Lk 18:9-14   | The pharisee and the publican.       |